DURABLE POWER OF ATTORNEY FOR HEALTH CARE CHOICES & HEALTH CARE CHOICES DIRECTIVE



Part I. Durable power of attorney for health care choices

I,Name	Social Security number,
appoint	
Name	Phone ,
Address	
as my agent for health care choices when I am unable wishes. In the case the person above cannot serve as relegally separated from the agent above, I appoint the	my agent, or if I am divorced from or
Name	Phone ,
Address	
This alternate agent may make health care decisions for communicate my wishes.	For me when I am unable to do so or to
This durable power of attorney becomes effective who incapacitated and unable to make and communicate h	1 5
You may choose to have one physician, instead of t you are incapacitated. If you want to exercise this physician to determine whether you are incapacita	option — allowing one

By completing this durable power of attorney, I authorize my agent to make all decisions for me regarding my health care. This includes the power to withdraw any type of health care, treatment or procedure, even if I may die in the process. I expect my agent to follow my health care choices directive. My agent has the power to:

- Consent, refuse or withdraw consent to artificially supplied nutrition and hydration.
- Make all necessary arrangements for health care on my behalf. This includes admitting
 me to any hospital, psychiatric treatment facility, hospice, nursing home or other health
 care facility.
- Hire or fire health care personnel on my behalf.
- Request, receive and review my medical and hospital records.
- Take legal action if necessary to do what I have directed.
- Carry out my wishes regarding autopsy and organ donation, and decide what should be done with my body.

My agent under this durable power of attorney will not incur any personal financial liability. The agent also should not be compensated for services performed for me. However, the agent shall be reimbursed for reasonable expenses that are part of my care.

THIS IS A DURABLE POWER OF ATTORNEY AND THE AUTHORITY OF MY ATTORNEY IN FACT, WHEN EFFECTIVE, SHALL NOT TERMINATE OR BE VOID OR VOIDABLE IF I AM OR BECOME DISABLED OR INCAPACITATED OR IN THE EVENT OF LATER UNCERTAINTY AS TO WHETHER I AM DEAD OR ALIVE.

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Part II. Health care choices directive

I want those involved in my health care to understand my wishes if I cannot communicate or make decisions on my own. I make this directive to provide clear and convincing proof of my wishes and instructions about my health care and treatment.

If my doctor believes medical treatment will lead to my recovery, I want to have the treatment. I also want to have care and treatment for pain or discomfort even if this treatment might shorten my life, affect my appetite, slow my breathing or be habit-forming.

If I have a terminal illness or condition and there is no reasonable hope I will recover, or if I am persistently unconscious, I direct all of the life-prolonging procedures I have initialed below to be withheld or withdrawn.

I direct the following treatments to be withheld or withdrawn:
Surgery or other invasive procedures
Cardiopulmonary resuscitation (CPR) to restart my heart or breathing
Antibiotics
Dialysis
Mechanical ventilator (respirator)
Artificially supplied nutrition and hydration (including tube feeding)
Chemotherapy
Radiation therapy
All other "life-prolonging" medical treatments or surgeries that are merely intended to keep me alive without reasonable hope of making me better or curing my illness or injury.
I consent to the donation of my organs or tissues. I realize my body may need to be maintained artificially after my death until my organs can be removed.
I refuse to make anatomical gifts of part or all of my body. I prohibit my agent from consenting to such gifts before or after my death.

I also give the following directions regarding my health care:
Optional: Describe what you consider an acceptable quality of life. For example, being able to recognize my loved ones, make decisions, communicate or feed yourself.
Attach extra pages if necessary. Sign and date the attached pages.
Make sure to talk about this directive and your wishes with your agent, your doctors, family, friends and clergy. Give each of them a copy of the directive. Bring a copy with you when you go to a hospital or other health care facility. Keep the original with your important papers.

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Part III. Relationship between health care choices directive and durable power of attorney for health care choices

As I have executed the health care choices directive and durable power of attorney for health care choices, I trust and encourage my agent to:

- First, follow my wishes as expressed in the directive or otherwise from knowledge about me or having had discussions with me about making choices regarding life-prolonging medical treatment.
- Second, if my agent does not know my wishes for a specific decision, but my agent has evidence of what I might want, my agent can try to figure out how I would decide. This is called substituted judgment and requires my agent imagining himself or herself in my position. My agent should consider my values, religious beliefs, past choices and past statements I have made. The aim is to choose as I probably would choose, even if it is not what my agent would choose for himself or herself.
- Third, if my agent has very little or no knowledge of what I would want, then my agent and the doctors will have to make a decision based on what a reasonable person in the same situation would decide. This is called making decisions in my best interest. I have confidence in my agent's ability to make decisions in my best interest if my agent does not have enough information to follow my preferences or use substituted judgment, and if this is the case, I authorize my agent to make decisions that might even be contrary to my directive in his or her best judgment.
- Finally, if the durable power of attorney for health care choices is determined to be ineffective, or if my agent is unable to serve, the health care choices directive is intended to be used on its own as firm instructions to my health care providers regarding life-prolonging procedures.

	uted this document onMONTH	,
	MONTH	DAY YEAR
Signature		
Print name	SS No	
Address		
The person who signed this docum		•
in our presence. Each of the unders	signed witnesses is at least 18 year	rs of age.
Signature	Signature	
Print name	Print name	
Address	Address	
Address	Address	
Notarization required		
STATE OF MISSOURI)	
) SS	
)	
COUNTY OF)	
)	nersonally appeared
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